

How to Prevent Infection by New Coronavirus

What is New Coronavirus?

New Coronavirus can usually be identified by symptoms including sustained fever, throat pain and cough (for more or less than one week), and severe fatigue.

Even if infected, symptoms can be mild and in many cases people recover, however, if symptoms become severe, there is a possibility of developing pneumonia.

In particular, the illness may be more severe for the elderly and those with underlying illnesses.

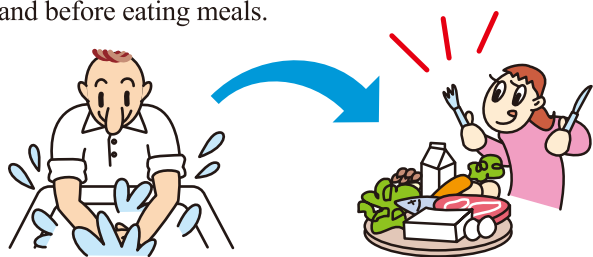
The virus is spread through droplet infection and through contact. It is believed that it does not spread through air-borne infection, however, **caution must be exercised when speaking or communicating with a large number of people in a closed environment or in close quarters.**



Things to be Aware of in Daily Life

•Meticulously Washing Your Hands

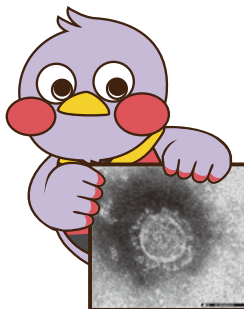
Hands must be washed meticulously and thoroughly using soap and antiseptic solution after returning home from outside, before and after food preparation, and before eating meals.



Let's wash our hands thoroughly after returning home, before and after food preparation, and before eating meals!

•Coughing Etiquette

If you have symptoms such as a cough and cover your mouth with your hand when coughing or sneezing, the virus will be transferred to anything that you touch with that hand, and there is a possibility that it may be spread to other people through objects such as door-knobs. Therefore, please practice proper coughing etiquette.



When sneezing or coughing, let's cover our mouth and nose with a tissue and wear a mask properly!

Saitama Prefectural
Mascot: Saitamatch

Provided by the National Institute of Infectious Diseases



If you have a high temperature or cold-like symptoms, stay home from school or work.

General Inquiries

If you are worried about your symptoms, please direct general inquiries to the consultation center listed below.

**New Coronavirus Infection Prefectural
Citizens Support Center**

0570-783-770

Hours 24 hours 365 days (including weekdays,
weekends, holidays), only in Japanese

Inquiries with Foreign Language Support

Japan Tourism Agency's Telephone Consultation Center

050-3816-2787

Hours 24 hours 365 days

Languages Available

English, Chinese, Korean, Japanese

Emergency Information (Illness•Accident),
Disaster Information, General Tourism Information



Saitama Prefectural Government, Department of Public Health and Medical Services,
Saitama Prefectural Public Health and Medical Policy Division
Infections and Influenza Control Group
TEL.048-830-3557 FAX.048-830-4808